

VANESSA SAGE

I first began to feel pains in my hands when I was working in a travel agent's. Every day I had to work on the computer, booking holidays for customers. I was typing about five or six hours a day. One day I was typing a customer's details when I felt a sharp pain. Over the next few weeks the problem got worse and in the end I couldn't move my left hand. Now I can't use a typewriter or computer any more.

**TOMAS CZARNECKA**

We were working on the construction of a new hospital, installing the electricity supply. When you have worked with electricity for as many years as I have, you don't take any risks and I thought I knew what I was doing. But on this occasion, it was a very hot day and I wasn't wearing my safety gloves. A young engineer who was working on another part of the building switched on the power while I was connecting a cable. I'm lucky to be alive.

**BILLY BRAITHWAITE**

I remember the day very well. It was three weeks before Christmas. The warehouse was filled with thousands of toys waiting to be delivered to shops all over the country. Every day new toys were arriving and we didn't know where to put them. Inside it was impossible to move. One day I was moving two bicycles, when two heavy boxes fell on me.

**MAKIKO KITA**

Six months ago they sold our company to a larger group. My boss, who is the managing director, immediately became more involved in the group's activities and less in our company's business. He was spending three or four days a week away from the office. As a result I had more work to do and greater responsibility. I was staying at the office until 9 or 10 in the evening and often at weekends too. Three weeks ago I was talking to a customer on the phone when suddenly I lost consciousness – for about thirty seconds I didn't know where I was. I thought it was strange because I wasn't feeling particularly tired or ill at the time.



TYPE OF JOB	DESCRIPTION OF ACCIDENT/PROBLEM	REASONS FOR ACCIDENT/PROBLEM	RECOMMENDATIONS
1			
2			
3			
4			